



The Ninja Prayer

I give thanks for this day, and I awaken grateful. Giving thanks for this life and for my place in it. As I begin brand new this day, I give thanks for the breath that breathes and sustains me. I begin with an attitude of gratitude and I give thanks for the infinite opportunities that are available to me. For I know that as I rise, I AM.

I AM enough, and today I release all fear, all doubt and all separation- I move into this day grounded in the absolute truth. I am guided by the infinite intelligence that lives within me and I powerfully co-create this day. Today I begin with a profound sense of understanding and clarity.

I know that my consciousness is a gift and I transform situations by way of my beingness. I move through this day fully embracing the strength and the power that lie within me. I give thanks for the opportunities disguised as challenges, for I absolutely know that they allow me to use my wisdom, my kindness and my intelligence. There is no situation or obstacle that moves me from this path of least resistance.

I meet each meeting, each transaction, and each closing as an opportunity to bring my authentic self – to be fully engaged and inspired. I negotiate with purpose, inviting the highest and best outcome for all of those involved. Knowing that creative solutions, positive communication and masterful ideas are my art and my craft, and it is good and very good.

I give thanks for these experiences that continue to nurture and grow me, for each day I become more and more of who I have come here to be. How wonderful it is to know that there is no one and no thing that stands between me and my highest truth and vision.

Today I stand grounded in this awareness and I recognize that life is always conspiring for my greater good. I find balance in all that I do; there is enough time, enough energy and enough resources for all of my dreams and desires. As I create this day, I choose well in all of my endeavors.

I release this word, and I give thanks for all that I have, for all that I Am and for all that I Am becoming.

I AM Successful. I AM Powerful. I AM Ninja.

~Sylvia Castillo